



# 10 SECRETS OF ANIMAL COMMUNICATION

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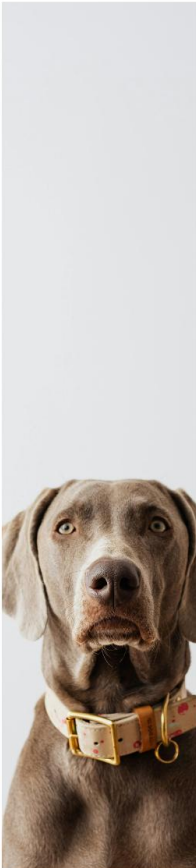
It's true what they say -"If you do what you love, you will never work a day in your life" because I genuinely don't feel I have a 'job'. I'm just living the unique life I was always meant to live, in service to animals all over the world.

Over the last 20+ years, I'm privileged to have met and worked with many hundreds of beautiful animals from most species, domestic and wild.

In addition to communicating daily with clients' animals globally, I also teach Animal Communication and Homeopathy, I write for various magazines and publications, and I am a published author. I've appeared on various terrestrial TV stations, BBC radio, National and International press, and I'm an enthusiastic podcast guest.

# SO, WHAT IS Animal Communication?

## IT'S PROBABLY NOT WHAT YOU THINK!



It's certainly NOT simply "talking to animals". Humans do that all the time, without waiting for a reply, and the animals certainly don't appreciate it.

It's more a process of Active Listening, but not through the ears; rather, with the heart. I ask questions, and wait for the reply, which could come in any number of ways – verbally, through images, physical sensations, emotions, tastes and smells. As someone who developed many of these skills naturally from childhood due to my overwhelming love and understanding for animals, I help others learn the same processes with my own tried and tested techniques.

In the course of my work I act as counsellor and mediator between animals and their humans, and offer comfort and healing during illness and pain.

## THANK YOU!

You clearly have a love for animals and feel inquisitive about the process of Interspecies Telepathic Communication (Animal Communication), and I am grateful you found me.

In this book you will learn my 10 secrets of Animal Communication, which should help you understand what I have to offer; and also, what YOU are capable of!



### We are all telepathic!

- ✓ YOU have the ability inside you to be able to hear and understand your own animals!
- ✓ YOU are about to hear just a little about how magical the process can be!

Yes, YOU!

Everyone has the capacity to communicate telepathically with all other species.

Everyone.

Including YOU!

Over the 20+ years I have been in practice I have learned that many teachers overcomplicate the process, effectively scaring off the very people who yearn to hear their animals.

I don't want that for you, and that's why I have pulled this book of secrets together, to help you realise your abilities and to encourage you to develop them further.

# 10 SECRETS OF ANIMAL COMMUNICATION

## SECRET 1.

What?

What's that you say?

The first secret is that there really are no secrets!

It's not some magical, mystical, sacred gift only handed down to the chosen few.

All you really need is a deep and enduring love for the animal, a desire to communicate freely and on equal terms and a willingness to try!

Plus a healthy enquiring mind, a little imagination, belief and hope are all that are required to start the process.



*Imagine the  
conversations you could  
have...!*

*Clare*

## SECRET 2.

We ALL have the ability to communicate with all other living beings.

All of Nature is communicating constantly, and humans are the species missing out on most of this amazing dialogue. It wasn't always this way. And it doesn't have to be this way any more.

Consider this - childrens books and films always contain talking animals. Why? Because children CAN hear them. They CAN see elementals and they ARE perfectly at home out in Nature.

Then adults suddenly decide it's time to "Grow Up", adopt spoken and written language, and accept that everything you previously believed in is untrue. So the colours of the world become just that little bit dull, we stop believing in magic and our levels of joy and excitement at everyday living diminish. It's your RIGHT to be able to hear animals. It's your DUTY to hear them and bear witness to them. All it takes is LOVE - to love them enough to try. To let them know they are loved and safe in sharing their secrets with you.

**And all you have to do is LISTEN.**



## SECRET 3.

Animal Communication is telepathic. (And therefore usually silent.)

So, don't expect verbal "out loud" two-way conversation like in the movies!

In fact, it's highly likely you are carrying out telepathic communication every day with your animals and loved ones, without realising.

How many times have you thought about a loved one only to have the phone ring, or a message arrive, and it's from them? Or you think about preparing your animals' next meal, or walk and they're already there waiting expectantly?

How many times have you wondered where your pet is or what they're up to, and they appear in front of you to tell you? And they ALL know when we're going away on a trip, when they need to see the V.E.T. and when we're not feeling 100% ourselves and may offer us healing (which we might also be unaware of!).



# SECRET 4.

So, now you know you're telepathic and can hear animals, you may be relieved to know you don't need to learn lots of different languages. You don't need to learn to speak Horse, Cat, Dog or Rabbit - and they don't need to learn Human!

Telepathy is a Universal language, even the trees, plants and the earth communicate in the same (but more subtle) language. How amazing is that?

And, even when working with animals from many different countries around the world, I haven't needed to learn lots of foreign languages. Phew!

So no matter what species you hope to communicate with, all you need to do is to explain to them that you're new to all this, but you're willing to learn if they are willing to help you hear. And they will be. Trust me.

*Somewhere within each  
and every one of us is an  
internal translator so we  
can understand each  
other.*

*Clare*



## SECRET 5.

Animal communication isn't always verbal, i.e. doesn't always use words. It can take many forms, so even if at first you don't hear words or have conversations with your pets, you can still receive information from them if you focus your mind and try.

Sometimes it's an exchange of energy or of emotions, physical sensations, images, smells and tastes. If you ask a question, and you're suddenly aware of something you weren't previously aware of, it may just have come from your animal!

It's not body language and it doesn't rely on observation - in fact observations can be misleading as we instantly analyse them in the brain rather than FEELING the situation which is always more reliable.



## SECRET 6.

Telepathic communication is always fast - almost instantaneous, especially in response to questions. If you find you have to think about what the answer might be, you're probably making it up according to what your mind or life experiences tell you.

This is where many people struggle. Humans have an average of 40,000 thoughts daily! And they can really get in the way of two-way telepathic communication. It's always easier to fill an empty vessel.

So, learn to quiet your mind sometimes, so you can focus on receiving that information without frustrating your animal or yourself.

The best tool for this is a regular meditation practice. Take time to relax, switch off and enter the still space within. I can almost guarantee that when you begin a regular meditation practice your animals will join you.



I once taught a joyful Animal Communication workshop in an equestrian centre, and all the horses joined in the meditation sessions – each one lying down in their stalls completely relaxed, some snoring, some breaking wind and all completely relaxed and blissed out!

I've had llamas, barn cats, chickens and even turkeys come along for a meditation session!

If you really struggle to meditate then try yoga, painting, gardening, playing music, colouring books – anything that becomes repetitive and almost mindless, yet focussed.

I have 6 beautiful meditations on my Animal Communication Meditations CD / downloads that can really help clear away obstacles, find your still point and connect to your Spirit Guides and your own animals. All channelled with the help of animals and elementals, all original meditations and music.



## SECRET 7.

Animal communication can often take you by surprise.

If you ask a question and the response comes into your consciousness super-fast **and** is not what you were expecting to hear, see or feel, then you know it came from the animal.

Likewise if the response produces an immediate emotional trigger in you – feeling sad, moved to tears, excited or makes you laugh out loud, then you know it came from your animal friend.



# SECRET 8.

Animal Communication can be life changing for you and for your pets:

To tell us their thoughts and wishes.

To share their likes, dislikes, hopes and dreams.

To be allowed to make decisions over their own life story is hugely empowering for them and can be a great relief for us.

No more trying to guess what might be in their best interests. Simply ASK and honour their wishes by acting accordingly.

A word of advice here; if the information you seek is regarding an urgent or life threatening condition or decision, you may not be the right person to be asking, since your own agenda and emotions can influence the information you receive.

Ask the help and advice of a professional Animal Communicator you trust to tell you the truth, no matter how difficult it may be to hear it.



## SECRET 9.

The exact same process allows us to maintain contact with loved ones once they have left their physical body - and moved over Rainbow Bridge.

I have communicated with many hundreds of animals on behalf of their grieving families, providing evidence of their loved ones continued existence, by recounting favourite memories, quirks, habits and routines, confirming the signs and signals they are sending to let us know their energy and their continued love for us continues, and relaying messages of comfort and joy.

You can read the story of one of these clients in my book "Conversations with Bentley, the Cosmic, Conservationist Cat".



# SECRET 10.

Gratitude is the attitude!

If your animal has taken the time and effort to communicate with you; if they have been patient with your efforts, forgiven your doubts, especially if you're not certain your part of the exchange was accurate - always thank them for trying to help you.

If you feel you really struggled, or didn't feel like you made a connection, apologise, explain you're a beginner, and ask them if they'll help you again in the future.

Animals always appreciate honesty, respect and appreciation.



## BONUS! SECRET 11.

Not all Animal Communicators are created equal. And that's ok.

Every human is a unique individual regardless of their professional training and experience and clients and students usually find the one who can best work with their animal and who resonates with them on a deep level.

But it helps to know their usual method of communication before asking them to undertake serious or urgent work.

For example, most communicators are clairvoyant, which means clear seeing, so they can receive images and pictures sent from the animal – this is fantastic if the animal doesn't know the name for something or wishes to describe a favourite place or person. However it's not always helpful when you really need verbal responses to important questions such as "Are you lost?", "Have you left your body?", "What happened to make you afraid?", "Are you in pain?" etc.



The more telepathic skills your communicator can offer, the better service they can provide for your animals and for you.

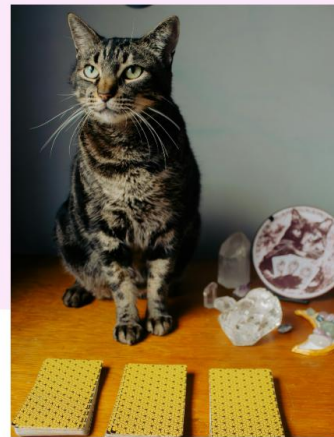
I personally believe that Clairaudience is the most important skill a professional Animal Communicator – ‘Clear Hearing’ should ensure they can relay complete messages from your animals in their own words without interpretation or subconscious bias.

If your pet is sick or approaching end of life, find someone who is also Clairsentient and Clairempathic so they can explain exactly how much discomfort your animal experiences and the exact site of any pain (and clairaudience can help the animals express what they need for relief).

Clairvoyance may be important when they need to show where they are, who they're with and to confirm certain details with visual clues.

If you need to connect with an animal who has travelled over Rainbow Bridge, you need a communicator who is an experienced Animal Psychic.

**The best Animal Communicators have all these skills and more. Don't be afraid to ask before entrusting your animal with anyone.**



# Thank you!

I am based in North East UK.

Animal Communications are available via phone or internet and I teach live workshops and courses in person and online.

Thank you so much for taking the time to read my Secrets of Animal Communication.

Your animals will also thank you.

I'd love to meet you at one of my workshops or events.

Hug your animals for me

*Much love*

*Clare x*



## Do You Need More Help?

**Find me here:**

*[www.freespiritanimalcare.co.uk](http://www.freespiritanimalcare.co.uk)*

*Facebook: Clare Metcalf Animal Communicator, Healer & Homeopath*

*Free FB groups:*

*Interspecies Wisdom and Bentley, Conversations with a Cosmic Cat*

*Instagram: [claremetcalfanimalcommunicator](https://www.instagram.com/claremetcalfanimalcommunicator)*

*Book: Conversations With Bentley, the Cosmic, Conservationist Cat  
available direct from me (signed) or Amazon and various good  
bookstores*